

Featured Areas - SATURDAY

TALKS: EASY VEGANISM

12:00 - 12:30 - Vegans - Where do you get your protein? And calcium... iron... essential fats... B12?

12:45 - 1:15 - 30-day pledges - what are they and where do I start?

1:30 - 2:00 - Competitive Sport - Can a plant-based diet really help?

3:00 - 3:30 - Can I still eat out when I'm vegan?

3:30 - 3:45 - Arthur Ling award

4:00 - 4:30 - Activism - should I bother?

4:30 - 5:00 - Meet and Greet session featuring: Peter Egan, Wendy Turner-Webster

MATURE ZONE

12.00 - 12.45 - Mike Ashbridge - Find out how humanism and veganism fit naturally together and provide a compelling way to lead to a good, compassionate and positive life!

1.00 - 1.45 - Judy Barber - Making the most of your whole life

2.00 - 2.45 - Oliver Bragg - Creative simple meals part 1: Delicious seasonal raw soup

3.00 - 3.45 - Brian Jacobs - Motivational strategies for going vegan or staying vegan in later life

4.00 - 4.45 - David Pye - The truth about reincarnation: Do past life experiences affect your dietary choices?

5.00 - 5.45 - Lucy Levens - Open yoga session

TALKS: LIGHT VEGANISM

12.00 - 12.45 - Christine Vardaros - How Pro Athletes easily do it on a plant-based diet

1.00 - 1.45 - Fiona Oakes - Running for Good

2.00 - 2.45 - Rob Masterson - Veganuary 2017 - the results!

3.00 - 3.45 - Alise Marie - LUNA BEAUTY: The Moon, The Stars, and Your Heavenly Body

4.00 - 4.45 - Dave Sheahan - Why Dairy Products Are One Of The Main Culprits for All Pain, Ailments & Disease

5.00 - 5.45 - Damian Clarkson - Making a shift towards veganism part of the mainstream narrative on tackling climate change

MAIN STAGE

12.00 - 12.45 - Edd Keane

1.00 - 1.45 - De Fuego

2.00 - 2.45 - Mitchell & Vincent

3.00 - 3.45 - Ian Haywood

4.00 - 4.45 - Jo Larcombe

5.00 - 5.45 - Vegan Bodybuilding Competitione

BUSKERS STAGE

12.00 - 12.45 - Tally Spear

1.00 - 1.45 - Ian Haywood

2.00 - 2.45 - Edd Keene

3.00 - 3.45 - De Fuego

4.00 - 4.45 - Mitchell & Vincent

TALKS: DEEP VEGANISM

12.00 - 12.45 - Ruth Hawe - Beyond rescue to rewilding

1.00 - 1.45 - Richard Twine - Examining Our Values toward Other Animals

2.00 - 2.45 - Dr. Casey Taft - Motivational Methods for Animal Advocacy

3.00 - 3.45 - Vegan Geezer - Veganism On The Map, How Do We Best Represent It

4.00 - 4.45 - Richard Twine - Understanding Vegan Transition

5.00 - 5.45 - Trent Grassian - The Vegan Journey: How to help yourself and others go (and stay) vegan

VLOGGERS CORNER

12.00 - 12:20 - Vegan Geezer

12:20 - 12:40 - Dave Sheahan

12:40 - 1:00 - Hench Herbivore

1:00 - 1:20 - Aisha Eveleigh

1:20 - 6:00 - Youtube videos to be played in loops from this point onwards...

with Youtube videos produced by:

- Earthling Ed
- Damien Clarkson
- Cheap Lazy Vegan
- Vegan Family TV
- Rehana Sara
- Vegan Publishers
- The Vegan Activist
- Teen VGN
- Anneka Svenska
- The Friendly Activist
- Bite Size Vegan

COOKERY DEMOS

12.00 - 12.45 - Oliver Bragg (Vegetarian for Life) - Creamy polenta with mushrooms and truffle oil

1.00 - 1.45 - Nishma Shah - Spice it up!

2.00 - 2.45 - Mel Rogers - Mels Kindness Kitchen Vegan Cheese Demonstration

3.00 - 3.45 - Day Radley - Creating nutritious food in a flash

4.00 - 4.45 - Tom - Green Rabbit Kitchen present Vegan Food

5.00 - 5.45 - Adrian Smith - Canapes and Party food

VEGAN FILM FESTIVAL

12.00 - 1:45 - Earthlings

2.00 - 2:16 - Swine

2:16 - 2:45 - Swine Q&A

3.00 - 3:35 - Veganism: A Movement Under Attack

3:40 - 6:00 - Unity

TEEN ZONE

Open from 11.00 - 4.00
For 11-19 year olds only

* Camp Showcase

*Chat about what is important to you as a VGN teen

*Make new compassionate friends and connect with them on social media

*Sign your support for important animal campaigns

*Games & Competitions

*Learn how to make crafts from recycled objects - origami and dream catchers are our favourite

INTERSECTIONAL VEGAN SUMMIT

12.00 - 12.45 - Marine Janine - Confronting Capitalism: The New Politics of Animal Liberation

1.00 - 1.45 - Laura Schleifer - The Animals have the Answers: How Animal Societies Can Inspire a Liberatory New Human Society

2.00 - 2.45 - Eshe Zuri - How whiteness became the norm in the vegan community and why this is harmful

3.00 - 3.45 - Panel Discussion - Radical Veganism - Approaching An Animal Revolution

4.00 - 4.45 - Ruby Hamad - So you want to dismantle animal oppression, but you don't want to dismantle capitalism. LOL. (by Skype)

5.00 - 5.45 - Christopher-Sebastian McJeters - Colonized: What George Orwell can teach us about speciesism

MAGIC SHOWS

12:00 - 12:30 - Ritchie Rosson

1:00 - 1:30 - Ritchie Rosson

3:00 - 3:30 - Ritchie Rosson

4:00 - 4:30 - Ritchie Rosson

FACE PAINTING

from 12.00 - 4.00

located near Kids Cookery Classes

KIDS COOKERY CLASSES

11.00 - 11.30 - Captain James Tea Cook (Capt JTC) Pirates of The Carob Bean Treasure Hunt

11.30 - 12.00 - The VegfestUK Smoothie Bike Cranks up and meet the Pirate Q&A

12.00 - 12.45 - Free - Live Cookery Workshop - 5 a Day Rainbow Sushi

1.00 - 1.30 - Free: Live Pancake Tossing Competition (all ages) with Capt JTC

1.30 - 2.00 - Magician

2.00 - 2.30 - Free - Live: Mr Potato Pet Head Teenage Lobotomy with Capt JTC

2.30 - 3.00 - Free - Live Cookery Workshop Pieces of 8 a day - Rainbow fruit and veg kebabs with chocolate or cheese sauce with Capt JTC and his potty parrot

3.00 - 3.45 - Free - Live Cookery Workshop Whole Food Chocolate Carrot Cake Pirate High Protein Cannon Ball snacks with Capt JTC POTCB

4.00 - 4.30 - Science workshop - Battery Farmed Electric Bananas, make your own Lemonade and other sugar free fun and how green is your spit?

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4.30 - 5.00 - Magician

5.00 - 5.45 - Last chance of the day to cycle yourself a fresh fruity smoothie (subject to availability) Selfies, Q&A and joke swapping with the Pirate